

Summer Education Event for People with Type 2 Diabetes

The **NEEDS** diabetes team are excited to be running a Summer Education Event for people with type 2 diabetes

On Monday 18th July
9.30am – 12.30pm

Location:

The Oaktree Centre, Harwich Road, Colchester, CO4 3DH

Support sessions will be delivered by diabetes educators on a range of topics including diet and lifestyle, medication and top tips for your annual review appointments. There will also be an opportunity to have some of your diabetes checks completed if these are required.

Local organisations will also be showcasing stands to help promote services available locally so that you know what support is available to you.

To book your place please contact the NEEDS diabetes team:

By emailing: education@diabetesneeds.org.uk

Or telephone : 0345 241 3313

Please note registration will open at 9.15 on the day, please try to arrive promptly. Parking is available but maybe limited depending on the number of attendees for the course. Please bring your own refreshments.

Depending on government guidance at the time of the event
- masks may be required as this is an NHS event.