

Help for people with dementia and their families

Get the practical and emotional support you need in Essex

Our Navigators can help you find exactly what local support is best for you. They will listen to your needs and offer tailored information and advice and link you up with local professionals and services.

Where to find us?

Tollgate Practice
145 London Road
Stanway
CO3 8NZ

Our service runs

Last Monday of each Month:
Appointments can be made through the surgery receptionist.

'Una made me feel as though someone knew exactly what was going on and was not judging.'

David, who has dementia



**To find out more
contact us on:**

essex@
alzheimers.org.uk

01206 574483

alzheimers.org.uk

